SUPPLY DISTRIBUTION **MONTHLY NEWSLETTER NOVEMBER 2017**

FROM MIKE GRIGGS SR

October was a difficult month for our community and an even more difficult time for many many people south. So many people lost everything.

I'm almost 71 years old. I had to withdraw a portion of my 401k and decided to donate it. Sparetime Supply Distribution rounded my \$9,266 up to \$10,000 and together we're donating it to The Community Foundation of Mendocino County Disaster Fund. All money donated to that fund will go to the people in need.

I'm asking everyone to consider donating to the needs of the people in Northern California.

You can send money to any cause that is helpful. You can send money to me if you want and I will submit the donation to The Community Foundation of Mendocino County Disaster Fund on your behalf. We will work with The Community Foundation to get you a receipt for your tax deductible donation.

Thank you,

Mills Grisser S-



THANK YOU TO ALL THE FIRST RESPONDERS

MONTHLY PRICE CHANGES & NEW SKUS NOW ON THE WEBSITE

All monthly price changes and new skus are available on our website when you login at www.sparetimesupply.com. The price changes and new skus are on the home page next to a link to view the newsletters.

WHOLESALE HOURS

We will be closed Thursday, November 23rd in observance of Thanksgiving

> Regular Hours Monday - Friday 8:00 a.m. to 4:30 p.m.

We are also available before and after these hours and on Saturday if you call ahead to arrange an appointment. (800) 842-3276

MAKE A NOTE

Product Updates

Rescue Trapstick Wasps, #TSW (**350000**) is being redesigned and will be available this month.

The following Grow More skus will not be available until January 2018:

- GM005
- GM045
- GM205
- GM105
- GM305

Fowerhouse drying racks (RACK24 & RACK36) are now in stock.

Case/Pallet Quantity Changes

Tappin' Roots Essential Grow, gl (**TREGG**) now comes 4/case.

Sunshine Peat Moss, 3.8 cf (P4) now comes 30/pallet.

Discontinued Skus

Rescue Why Spray, #WHYS (538200) is discontinued.



WHAT DOES RACHAEL FROM SPARETIME DO IN HER SPARE TIME?



Hi, my name is Rachael Verdot, I am the new customer service manager at Sparetime Supply. In my spare time my absolute favorite thing to do is go fishing and camping with my family. My favorite place to camp is at the ocean in RockPort. I love ocean fishing, being at the beach, and listening to the waves. My mom lives in Brookings so I like to go stay with her a lot. I have three kids, two grown daughters and a teenage son. I enjoyed watching my



children play sports all through school. My son is in his last year of high school and we are in the middle of football season! I enjoy any time spent with my family. I planted my first garden this



year, it was very exciting and rewarding. I had fresh veggies all summer! I enjoy my two dogs and two cats, they are full of energy and love to play. Some of you may know my husband, Dean Verdot. He is the lucky guy who gets to bring some of you your deliveries.



WHY SHOULD YOU USE MOLASSES IN YOUR GARDEN?

Molasses is a natural source of carbohydrates. Using it as a fertilizer provides plants with a quick boost of energy and encourages the growth of beneficial microorganisms creating greater natural fertility in a compost pile or good living soil. This allows the microflora to work in concert with plant roots to digest and assimilate nutrients.

The process used to create molasses removes mostly sugars, leaving the majority of the mineral nutrients that were contained in the original sugar cane. These Include significant amounts of potash, sulfur, calcium, magnesium, iron, potassium and many other micronutrients.

As well as providing energy and nutrients to plants and soil, molasses is a chelating agent. It reacts with metal ions to form a stable, water-soluble complex. This means molasses converts minerals and nutrients into an easily available form for microflora and plants. Chelated minerals can be absorbed directly and remain available and stable in the soil.

Molasses is easy to use, and has many different applications. It can be added to liquid fertilizer, compost tea, alfalfa meal tea and kelp. It can also be added to water and sprayed directly on the plant leaves or poured on the soil.

Use 1-2 tablespoons of molasses to a gallon of warm water and apply via foliar spray or directly into the soil once a week. The readily available sugar content will skyrocket the microfloral activity to give your plants the nutrients they need.

Who knew something as simple as molasses could be so great for your garden?

Visit our website for more blogs! sparetimesupply.com

Christine's Cooking Creations

We are fortunate to get homemade treats from Christine Griggs! We want to share some of her wonderful creations with you.

GARLIC ROSEMARY GREEN BEANS

Ingredients

- Fresh or Frozen Green Beans (Fresh=best)
- Minced Garlic (3 cloves)
- Rosemary (about a teaspoon)
- Olive Oil
- Lemon juice

Sauté garlic, green beans and rosemary in 2 tablespoons of olive oil until tender.

Squeeze a nice wedge of lemon juice into pan and toss together.

Serve in a pretty side dish...yummy!

